

# LONG HAUL REPORT 2011

## Survey of prices across leading holiday destinations worldwide

If you are planning a long haul trip you will find that prices have fallen in many winter sun hotspots, according to the new *Long Haul Report* by Post Office Travel Money.

Despite sterling having weakened against many European currencies during the summer, if you are heading further afield you can look forward to your pounds stretching further in most long haul destinations.

Key findings include:

- **Sri Lanka (pictured) is this winter's bargain buy for a second year running, with prices down by a third**
- **Far East favourite Thailand takes the runner-up spot for long haul value, closely followed by Vietnam and Mexico (pictured)**
- **Prices in South Africa have dropped by 27 per cent after the World Cup pushed up costs a year ago**
- **Orlando is 29 per cent cheaper than Miami**

You can obtain a wide range of long haul currencies on demand – all with 0 per cent commission – at over 1,600 larger Post Office bureau de change branches.

All major currencies can also be pre-ordered at 11,800 Post Office branches or online at [postoffice.co.uk](http://postoffice.co.uk) for next day branch or home delivery.

As there are restrictions on importing Sri Lankan rupees, the Post Office recommends carrying holiday money on the Post Office Travel Money Card Plus, a chip and PIN-enabled MasterCard accepted in more than 28 million locations worldwide.



Sri Lanka: courtesy of Sri Lanka Tourism Promotion Bureau



Vietnam and Mexico images courtesy of Hayes & Jarvis

# LONG HAUL BAROMETER 2011

## Price breakdown by country and resort area

ITEMS	SRI LANKA Bentota	THAILAND Phuket	VIETNAM Hanoi	MEXICO Cancun	MALAYSIA Penang	SOUTH AFRICA Cape Town	INDONESIA Bali	ARGENTINA Buenos Aires	DOMINICAN REPUBLIC Punta Cana	KENYA Mombasa	DUBAI Jumeirah	EGYPT Sharm el Sheikh	JAPAN Tokyo	USA Orlando
Cup of coffee <i>Bar/café</i>	£0.48	£0.93	£1.37	£1.60	£0.46	£1.24	£1.23	£1.71	£0.95	£1.20	£3.40	£1.22	£2.24	£1.71
Bottle of local beer/ lager <i>Bar/café</i>	£1.53	£1.43	£1.71	£2.49	£1.86	£1.62	£1.64	£3.08	£2.47	£1.50	£4.73	£1.47	£3.58	£2.57
Bottle/can of Coca- Cola <i>Bar/café</i>	£0.56	£0.36	£1.37	£1.82	£0.58	£0.86	£1.23	£2.05	£0.95	£0.82	£3.02	£0.73	£2.60	£1.37
Glass of wine <i>Bar/café</i>	£2.87	£3.55	£2.40	£4.70	£3.48	£3.33	£5.34	£3.42	£2.85	£2.99	£5.67	£4.89	£3.13	£4.11
Bottle of mineral water <i>Supermarket</i>	£0.76	£0.48	£0.68	£0.66	£0.70	£1.90	£0.41	£1.71	£0.76	£1.31	£0.57	£0.18	£1.15	£1.03
Suncream <i>Supermarket</i>	£2.55	£5.35	£2.05	£7.19	£3.48	£7.62	£2.05	£6.16	£7.60	£5.23	£4.73	£9.77	£6.25	£5.48
Postcard and stamp to UK <i>Tourist shop</i>	£0.45	£0.83	£0.68	£1.58	£0.46	£1.43	£1.40	£2.74	£1.33	£1.57	£1.13	£0.98	£1.52	£1.28
Insect repellent <i>Supermarket</i>	£1.27	£1.19	£0.68	£3.04	£3.25	£2.86	£1.23	£4.11	£5.13	£0.93	£3.78	£1.83	£4.46	£4.11
Packet (20) of Marlboro Lights cigarettes	£2.87	£1.67	£0.68	£2.21	£1.79	£3.33	£1.15	£1.71	£3.80	£3.07	£1.32	£1.47	£3.94	£4.11
3-course meal for 2 incl. bottle of house wine <i>Tourist-class restaurant</i>	£18.47	£35.69	£41.10	£27.64	£40.60	£33.65	£43.52	£34.25	£37.99	£46.73	£37.81	£51.31	£45.86	£58.22
<b>TOTAL COSTS</b>	<b>£31.81</b>	<b>£51.48</b>	<b>£52.72</b>	<b>£52.93</b>	<b>£56.66</b>	<b>£57.84</b>	<b>£59.20</b>	<b>£60.94</b>	<b>£63.83</b>	<b>£65.35</b>	<b>£66.16</b>	<b>£73.85</b>	<b>£74.73</b>	<b>£83.99</b>

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# LONG HAUL BAROMETER 2011 (continued)

## Price breakdown by country and resort area

ITEMS	JAMAICA Montego Bay	ST LUCIA Rodney Bay	ANTIGUA Heritage Quay	MAURITIUS Port Louis	SINGAPORE Orchard Road	BRAZIL Praia do Forte	COSTA RICA Guanacaste	BARBADOS Various	CANADA Toronto	CHINA Beijing	USA Miami	NEW ZEALAND Auckland	AUSTRALIA Darwin	HONG KONG Kowloon
Cup of coffee <i>Bar/café</i>	£1.94	£1.39	£0.83	£1.78	£3.37	£1.59	£1.25	£1.94	£1.29	£3.31	£2.05	£2.01	£2.84	£3.55
Bottle of local beer/ lager <i>Bar/café</i>	£2.11	£1.67	£1.39	£2.93	£6.18	£1.93	£3.30	£1.06	£5.48	£2.21	£4.79	£4.60	£4.61	£5.32
Bottle/can of Coca- Cola <i>Bar/café</i>	£0.84	£1.11	£1.39	£1.53	£1.69	£1.36	£1.83	£0.70	£1.03	£1.10	£1.71	£2.01	£2.62	£3.10
Glass of wine <i>Bar/café</i>	£4.47	£2.22	£2.78	£3.82	£8.43	£4.55	£5.86	£2.82	£4.97	£11.04	£6.16	£4.89	£4.61	£8.86
Bottle of mineral water <i>Supermarket</i>	£1.01	£1.17	£0.83	£2.04	£1.12	£1.25	£1.83	£2.11	£4.11	£1.10	£2.05	£1.29	£1.42	£1.33
Suncream <i>Supermarket</i>	£7.26	£5.00	£8.50	£15.28	£8.71	£11.36	£12.46	£6.34	£6.16	£3.31	£6.50	£8.62	£6.35	£9.75
Postcard and stamp to UK <i>Tourist shop</i>	£1.01	£1.01	£0.75	£0.69	£1.18	£2.27	£1.10	£1.23	£1.16	£1.66	£1.70	£2.24	£1.56	£1.77
Insect repellent <i>Supermarket</i>	£3.88	£4.72	£5.81	£7.64	£3.93	£2.66	£6.59	£6.34	£5.14	£2.76	£4.79	£5.17	£4.93	£5.32
Packet (20) of Marlboro Lights cigarettes	£6.07	£4.03	£1.94	£3.06	£7.58	£2.16	£2.20	£3.87	£6.51	£1.66	£3.49	£8.22	£9.72	£4.43
3-course meal for 2 incl. bottle of house wine <i>Tourist-class restaurant</i>	£59.05	£69.44	£69.44	£58.58	£67.42	£81.82	£74.71	£88.03	£78.77	£88.28	£85.62	£83.22	£89.36	£88.63
<b>TOTAL COSTS</b>	<b>£87.64</b>	<b>£91.76</b>	<b>£93.66</b>	<b>£97.35</b>	<b>£109.61</b>	<b>£110.95</b>	<b>£111.13</b>	<b>£114.44</b>	<b>£114.62</b>	<b>£116.43</b>	<b>£118.86</b>	<b>£122.27</b>	<b>£128.02</b>	<b>£132.06</b>

**Source:** Post Office. Data relates to exchange rates on 12 September 2011.

The *Post Office Long Haul Report 2011* uses the lowest average price for commodities supplied by National and Regional Tourist Offices for 23 of the 28 destinations. These are cross-referenced with information provided by long haul specialist **Hayes & Jarvis**, who also provided prices for Argentina, China, Indonesia, South Africa and Vietnam.