

POST OFFICE® TRAVEL MONEY

Worldwide Holiday Costs Barometer



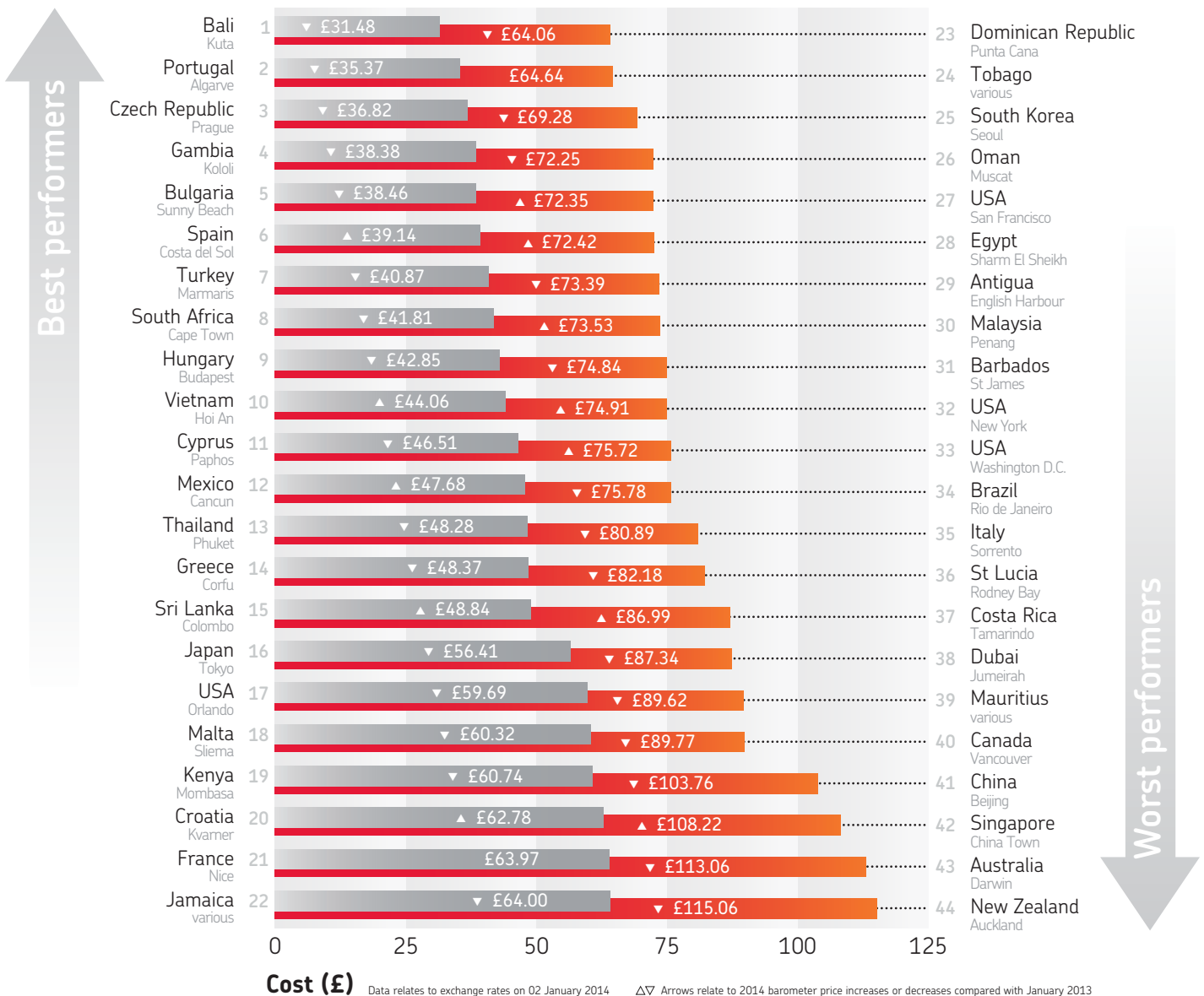
Bali is 2014's best value destination, and Portugal is the cheapest in Europe, according to the new *Worldwide Holiday Costs Barometer* by Post Office Travel Money.

The Post Office barometer monitors the price of eight tourist items in over 40 destinations worldwide – including dinner for two, drinks and suncream. Key findings include:

- An 18 per cent price fall helps Portugal's Algarve power past Spain's Costa del Sol to become best value in Europe
- Bali topples Sri Lanka and Spain from last year's top spot to rate cheapest of 44 destinations surveyed
- A five-year low for the Turkish lira makes resorts like Marmaris a hot tip for 2014 as holidaymakers will pay 19 per cent less



More than 70 currencies can be pre-ordered at over 11,500 Post Office branches or online at postoffice.co.uk for next day branch or home delivery. 25 currencies are available on demand at 1,600 larger Post Office branches, while over 4,000 branches offer US dollars and Turkish lira and 10,000 offer euro over the counter.



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Price breakdown by country and resort area

| ITEMS | Bali Kuta | Portugal Algarve | Czech Rep. Prague | Gambia Kololi | Bulgaria Sunny Beach | Spain Costa del Sol | Turkey Marmaris | South Africa Cape Town |
|--|---------------|---------------------|----------------------|------------------|----------------------------|---------------------------|--------------------|------------------------------|
| Cup of coffee <i>Bar/café</i> | £0.82 | £0.86 | £1.14 | £0.73 | £0.91 | £1.03 | £1.51 | £1.08 |
| Bottle of local beer/lager <i>Bar/café</i> | £1.09 | £1.29 | £1.14 | £0.73 | £0.68 | £1.72 | £2.41 | £1.20 |
| Bottle/can of Coca-Cola/ Pepsi <i>Bar/café</i> | £0.79 | £0.86 | £1.17 | £0.64 | £1.13 | £1.03 | £1.51 | £0.96 |
| Glass of wine <i>Bar/café</i> | £4.37 | £1.72 | £1.63 | £1.83 | £1.81 | £1.51 | £3.02 | £1.50 |
| 1.5l bottle of mineral water <i>Supermarket</i> | £0.27 | £0.43 | £0.46 | £0.55 | £0.45 | £0.33 | £0.75 | £0.54 |
| Suncream (200ml SPF 15) <i>Supermarket</i> | £2.46 | £7.75 | £6.49 | £9.16 | £4.07 | £4.26 | £6.03 | £7.74 |
| Pack of 20 Marlboro Lights cigarettes | £0.93 | £3.53 | £2.61 | £0.92 | £2.26 | £3.44 | £3.02 | £1.80 |
| 3-course evening meal for 2 <i>(including bottle of house wine)</i> | £20.75 | £18.93 | £22.18 | £23.82 | £27.15 | £25.82 | £22.62 | £26.99 |
| TOTAL COSTS | £31.48 | £35.37 | £36.82 | £38.38 | £38.46 | £39.14 | £40.87 | £41.81 |

| ITEMS | Hungary Budapest | Vietnam Hoi An | Cyprus Paphos | Mexico Cancun | Thailand Phuket | Greece Corfu | Sri Lanka Colombo | Japan Tokyo |
|--|---------------------|-------------------|------------------|------------------|--------------------|-----------------|----------------------|----------------|
| Cup of coffee <i>Bar/café</i> | £1.20 | £0.80 | £1.46 | £0.98 | £0.98 | £1.72 | £0.25 | £1.52 |
| Bottle of local beer/lager <i>Bar/café</i> | £1.62 | £0.96 | £2.37 | £1.72 | £1.96 | £2.58 | £2.01 | £2.97 |
| Bottle/can of Coca-Cola/ Pepsi <i>Bar/café</i> | £1.08 | £0.48 | £1.85 | £1.72 | £0.78 | £2.58 | £0.65 | £1.15 |
| Glass of wine <i>Bar/café</i> | £0.99 | £2.72 | £2.24 | £3.45 | £2.94 | £2.58 | £3.27 | £1.15 |
| 1.5l bottle of mineral water <i>Supermarket</i> | £0.30 | £0.32 | £0.39 | £0.59 | £0.29 | £0.35 | £0.38 | £0.90 |
| Suncream (200ml SPF 15) <i>Supermarket</i> | £9.62 | £4.33 | £7.74 | £9.25 | £4.31 | £11.62 | £3.78 | £3.62 |
| Pack of 20 Marlboro Lights cigarettes | £2.71 | £0.96 | £3.87 | £1.97 | £1.76 | £3.27 | £3.27 | £2.67 |
| 3-course evening meal for 2 <i>(including bottle of house wine)</i> | £25.33 | £33.49 | £26.59 | £28.00 | £35.26 | £23.67 | £35.23 | £42.43 |
| TOTAL COSTS | £42.85 | £44.06 | £46.51 | £47.68 | £48.28 | £48.37 | £48.84 | £56.41 |

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Price breakdown by country and resort area

| ITEMS | USA Orlando | Malta Sliema | Kenya Mombasa | Croatia Kvarner | France Nice | Jamaica various | Dominican Rep. Punta Cana |
|--|----------------|-----------------|------------------|--------------------|----------------|--------------------|---------------------------------|
| Cup of coffee <i>Bar/café</i> | £1.25 | £0.99 | £1.22 | £0.99 | £1.16 | £1.58 | £1.16 |
| Bottle of local beer/lager <i>Bar/café</i> | £2.50 | £1.46 | £1.74 | £1.45 | £3.44 | £2.11 | £1.93 |
| Bottle/can of Coca-Cola/ Pepsi <i>Bar/café</i> | £1.56 | £1.38 | £1.51 | £1.74 | £3.01 | £0.62 | £1.16 |
| Glass of wine <i>Bar/café</i> | £3.75 | £2.15 | £2.26 | £1.74 | £3.44 | £3.41 | £3.85 |
| 1.5l bottle of mineral water <i>Supermarket</i> | £1.25 | £0.34 | £1.32 | £0.58 | £0.86 | £0.37 | £0.46 |
| Suncream (200ml SPF 15) <i>Supermarket</i> | £5.00 | £8.56 | £6.04 | £6.98 | £6.45 | £5.06 | £6.17 |
| Pack of 20 Marlboro Lights cigarettes | £3.75 | £3.70 | £2.87 | £2.79 | £6.88 | £4.62 | £3.08 |
| 3-course evening meal for 2 <i>(including bottle of house wine)</i> | £40.63 | £41.74 | £43.78 | £46.51 | £38.73 | £46.23 | £46.25 |
| TOTAL COSTS | £59.69 | £60.32 | £60.74 | £62.78 | £63.97 | £64.00 | £64.06 |

| ITEMS | Tobago various | South Korea Seoul | Oman Muscat | USA San Francisco | Egypt Sharm el-Sheikh | Antigua English Harbour | Malaysia Penang |
|--|-------------------|----------------------|----------------|-------------------------|-----------------------------|-------------------------------|--------------------|
| Cup of coffee <i>Bar/café</i> | £1.03 | £1.88 | £2.18 | £1.66 | £0.96 | £1.22 | £1.99 |
| Bottle of local beer/lager <i>Bar/café</i> | £1.23 | £2.51 | £5.04 | £3.75 | £2.40 | £1.22 | £4.82 |
| Bottle/can of Coca-Cola/ Pepsi <i>Bar/café</i> | £0.62 | £1.25 | £0.84 | £0.94 | £0.96 | £1.22 | £0.94 |
| Glass of wine <i>Bar/café</i> | £4.10 | £4.39 | £5.04 | £5.63 | £3.84 | £2.44 | £5.27 |
| 1.5l bottle of mineral water <i>Supermarket</i> | £0.47 | £0.53 | £0.34 | £1.25 | £0.48 | £0.98 | £0.79 |
| Suncream (200ml SPF 15) <i>Supermarket</i> | £8.72 | £3.76 | £6.72 | £5.94 | £4.80 | £6.58 | £7.91 |
| Pack of 20 Marlboro Lights cigarettes | £2.15 | £1.69 | £1.68 | £4.43 | £1.44 | £2.44 | £2.37 |
| 3-course evening meal for 2 <i>(including bottle of house wine)</i> | £46.32 | £53.27 | £50.41 | £48.75 | £57.54 | £57.29 | £49.44 |
| TOTAL COSTS | £64.64 | £69.28 | £72.25 | £72.35 | £72.42 | £73.39 | £73.53 |

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Price breakdown by country and resort area

| ITEMS | Barbados St James | USA New York | USA Washington D.C. | Brazil Rio de Janeiro | Italy Sorrento | St Lucia Rodney Bay | Costa Rica Tamarindo |
|--|----------------------|-----------------|---------------------------|-----------------------------|-------------------|------------------------|-------------------------|
| Cup of coffee <i>Bar/café</i> | £2.14 | £0.99 | £1.14 | £0.71 | £1.29 | £2.44 | £1.30 |
| Bottle of local beer/lager <i>Bar/café</i> | £1.97 | £3.75 | £3.13 | £2.26 | £2.15 | £1.71 | £2.36 |
| Bottle/can of Coca-Cola/ Pepsi <i>Bar/café</i> | £1.31 | £1.24 | £1.34 | £1.13 | £1.72 | £1.22 | £1.72 |
| Glass of wine <i>Bar/café</i> | £4.93 | £5.63 | £4.69 | £4.23 | £1.72 | £3.66 | £4.80 |
| 1.5l bottle of mineral water <i>Supermarket</i> | £1.64 | £0.81 | £1.04 | £0.54 | £0.86 | £1.22 | £2.06 |
| Suncream (200ml SPF 15) <i>Supermarket</i> | £7.08 | £6.24 | £4.99 | £8.47 | £8.61 | £3.66 | £13.72 |
| Pack of 20 Marlboro Lights cigarettes | £4.60 | £7.50 | £5.17 | £1.98 | £4.30 | £4.88 | £4.12 |
| 3-course evening meal for 2 <i>(including bottle of house wine)</i> | £51.17 | £48.75 | £54.22 | £56.46 | £60.24 | £63.39 | £56.91 |
| TOTAL COSTS | £74.84 | £74.91 | £75.72 | £75.78 | £80.89 | £82.18 | £86.99 |

| ITEMS | Dubai Jumeirah | Mauritius various | Canada Vancouver | China Beijing | Singapore China Town | Australia Darwin | New Zealand Auckland |
|--|-------------------|----------------------|---------------------|------------------|-------------------------|---------------------|-------------------------|
| Cup of coffee <i>Bar/café</i> | £3.11 | £1.55 | £1.31 | £3.77 | £2.53 | £2.23 | £2.32 |
| Bottle of local beer/lager <i>Bar/café</i> | £8.28 | £1.77 | £3.67 | £3.50 | £4.06 | £3.34 | £4.12 |
| Bottle/can of Coca-Cola/ Pepsi <i>Bar/café</i> | £2.07 | £1.33 | £1.04 | £3.23 | £1.52 | £1.95 | £2.58 |
| Glass of wine <i>Bar/café</i> | £5.18 | £3.04 | £4.68 | £7.01 | £6.08 | £4.45 | £4.64 |
| 1.5l bottle of mineral water <i>Supermarket</i> | £0.52 | £0.42 | £1.33 | £0.54 | £1.01 | £1.11 | £1.24 |
| Suncream (200ml SPF 15) <i>Supermarket</i> | £6.04 | £12.15 | £5.33 | £8.62 | £6.08 | £5.57 | £9.99 |
| Pack of 20 Marlboro Lights cigarettes | £1.73 | £3.09 | £6.04 | £1.62 | £5.83 | £10.91 | £9.79 |
| 3-course evening meal for 2 <i>(including bottle of house wine)</i> | £60.41 | £66.27 | £66.37 | £75.47 | £81.11 | £83.50 | £80.38 |
| TOTAL COSTS | £87.34 | £89.62 | £89.77 | £103.76 | £108.22 | £113.06 | £115.06 |

Source: Post Office. Data relates to exchange rates on 2 January 2014.

44 destinations were surveyed for the Worldwide Holiday Costs Barometer with the help of national and local tourist boards and specialist tour operators (Balkan Holidays, Serenity Holidays and Travelbag). Prices were not submitted for Greece or France and the data used is therefore the latest available (July 2013) for Corfu and Nice, with current exchange rates applied.